
WELCOME TO PAVONES

This guide has all of the information and locations you'll need to get around...and if you have any other questions or special requests, Krystin is always available to help.

*Use **WhatsApp** while you are here, it works the best in our area and everyone uses it.*

Krystin's WhatsApp Number: +506.8535.8374

(Business Open Days/Hours May Differ)

** Krystin Recommends*

Not All Restaurants Sell Alcohol

\$ Best price for the area

\$\$ Good Prices

\$\$\$ Expensive for the area

→ Click on the Links for GPS Locations ←

RESTAURANTS & BARS

\$* **SODA ANTOJITOS FLO** **COCAL AMARILLO**

<https://maps.app.goo.gl/XvxWb4GD9VRxfnJ56>

-Open MOST days for breakfast, lunch and dinner

\$\$\$ **CAFÉ DE LA SUERTE** **PAVONES**

<https://maps.app.goo.gl/51k9Qs5RLDwP2se9A>

-Good food with vegan and organic options

-Open for breakfast, lunch and sometimes dinner

\$* **TITIGUANA'S** **PUNTA BANCO**

<https://maps.app.goo.gl/LerWFodLHP8cja1w9>

-Hours differ

-Lunch and Dinner most days

\$\$* **SYLVIA'S PLACE** **PAVONES**

Temporarily Closed

<https://maps.app.goo.gl/Td5KMDHwGNRrDeSc7>

-Food is cooked over wood grill

-Open for breakfast, lunch and sometimes dinner

\$\$* **TICO MEX** **PAVONES**

<https://maps.app.goo.gl/BYot9BBnzKAEgHVL8>

-Delicious food at the Pavones sign

\$\$* **NICK'S PLACE** **PAVONES**

Temporarily Closed

<https://maps.app.goo.gl/Z8HX5Ayt7j3aqyA8>

-Plays Live sporting events, Live music some nights

-"Pavones Little Library" in the back of the small store

\$\$* **EBENEZER'S** **PAVONES**

<https://maps.app.goo.gl/xCjh8u8ufSjpJQf66>

-Great food, ice cream & dessert bar

-Leo offers exceptional fishing tours

\$\$ **LA CHOZA DE CARMELITA** **PAVONES**

<https://maps.app.goo.gl/K7m75G7FaCT3UxAF6>

-Breakfast, lunch and sometimes dinner

WELCOME TO PAVONES

RESTAURANTS & BARS

(CONTINUED...)

\$\$\$* LA CHOZA DE GABI COCAL AMARILLO

<https://maps.app.goo.gl/7kzdA4ocW1pEpd3R7>

-Closed Mondays

-Open for Lunch and Dinner

\$\$* LA PIÑA ITALIAN RESTAURANT PAVONES

<https://maps.app.goo.gl/fXagvk2zMhPvm1q2A>

-Best pizza and Italian food in the area

-Has live music some nights, ask before you go

-Has seating on the beach

-Art Shop in restaurant is great for gift ideas

\$\$ LOS ALMENDROS PUNTA BANCO

<https://maps.app.goo.gl/5MR6fs52yv5qA81k9>

-Good food

-Has great parties sometimes, ask before you go

\$ LA PLAZA BAR PAVONES

<https://maps.app.goo.gl/TVwjWpzKyqmbRP3QA>

-Great local bar in town center

-Serves Lunch & Dinner

GROCERY

\$\$ SUMARY COCAL AMARILLO

<https://maps.app.goo.gl/asV92fFhiENKnXDC7>

\$\$ SUPER LOS DELFINES PAVONES

Temporarily Closed

<https://maps.app.goo.gl/snkdnCHuXntDzECr7>

\$\$ SUPER RIO CLARO PAVONES

<https://maps.app.goo.gl/QGhw1A487gb7wa6dA>

\$\$ MINISUPER WILLIWILLIS PAVONES

<https://maps.app.goo.gl/xL4qXkfBaceD5JUz7>

\$ MINISUPER SUPER J COCAL AMARILLO

<https://maps.app.goo.gl/GWN5TSywdK7RFs1SA>

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SHOPPING

\$\$\$* **LA SIRENA BOUTIQUE** **PAVONES**

<https://maps.app.goo.gl/njLp2fpievnKC4mE9>

-Swimsuits that stay on in the waves and cute jewelry options, great for gift ideas

-Open hours vary depending on days and season, just ask before you go

\$\$* **JULIETA'S BEACH CLOTHING** **PAVONES**

-At Saturday Market or WhatsApp +506-8488-1875

\$ - \$\$\$* **SATURDAY MARKET** **PAVONES**

<https://maps.app.goo.gl/s1esoWYRNlFR9xL19>

-Every Saturday 11am-3pm

-Locals bring their hand-made goods to sell, great for gifts, food and socializing

\$\$ **SUPER RIO CLARO** **PAVONES**

<https://maps.app.goo.gl/QGhw1A487gb7wa6dA>

- Gift shop to the right of the grocery store

-Perfect for gift ideas

BEACHES

PILON BEACH – "LEFTOVERS"

<https://maps.app.goo.gl/JUKQ7yxJ5gxwEqnr5>

-Great for swimming, beginner surf, families

PAVONES POINT

<https://maps.app.goo.gl/LuBT7qAQHBh7iu1U8>

- Intermediate - Experienced Surfing

-Swimming is good in front of the fishing boats

PUNTA BANCO

<https://maps.app.goo.gl/uMBQEsRnBskEqyQB7>

-Experienced Surfing, has rip currents

-My favorite thing to do with my family or a romantic evening...come out before sunset at low tide. Find a good tide pool to hang out in and watch the sunset.

RIO CLARO RIVER MOUTH

<https://maps.app.goo.gl/TU9HTsRbLRtoAr1z6>

-The river is great to walk up on hot summer days

-Very shallow and fun to explore up river
(During summer months)

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EMERGENCY

POLICE STATION

PAVONES

<https://maps.app.goo.gl/K7m75G7FaCT3UxAF6>

-PLEASE Call 911 for emergencies

***CLINICA PAVONES**

LA HIERBA

<https://maps.app.goo.gl/knswfo5YgwL3QQL99>

-Bring your Passport

-Basic Medical Help

***PHARMACY HODGSON**

COCAL AMARILLO

+506-8780-0282

Next to the Sumary Grocery Store

<HTTPS://MAPS.APP.GOO.GL/9BFF4GAPEz5RN9zW8>

GOLFITO HOSPITAL

GOLFITO

<https://maps.app.goo.gl/1zAw6iSPGezzx6V57>

-Bring your Passport

-Serious Medical Help

CLINICA EBAIS

CONTE

<https://maps.app.goo.gl/NMffRQ5zggYDe6y48>

-Bring your Passport -Basic Medical Help

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TOURS

Contact Krystin If You Are Interested in Booking a Tour

\$* **Tours with Enrique** *(Can accommodate special requests) (Pilon)*

Jungle Trek - \$30/person

Waterfall - \$30/person (may not be available in rainy months)

Fishing - \$350 - \$500 (depends on inside or outside of the Gulf)

Beach or Jungle Horse Tour – \$55/person

Rio Coto Boat Tour- \$65/person

\$\$ **Tours with Amy** *(2 person minimum applies) (Pavones)*

River Hike - \$40/person

Foraging Tour - \$40/person

Hill Hike - \$40/person

Beach & Waterfall Hike - \$35/person

Snorkel Tours \$110 - \$160/person (pricing & availability depends on weather and scheduling)

(There are many variations on tour packages available, up to 8 people, just ask for more info)

\$* **Quad Rentals** *(Need valid driver's license, Waiver must be signed)*

\$50/day

\$* **Quad Tour with Alejandro**

\$100/person, drinks included, about 3-4 hours

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HEALTH & WELLNESS

Contact Krystin If You Are Interested in Booking a Private or Group Session

Pilates with Oriana

Walk-Ins Welcome! \$15/class/person

<https://maps.app.goo.gl/HPQL4WmWHzNqDJ11A>

75 minute class, Equipment included

Tuesday @ 9am or Thursday @ 10am

Yoga with Ashley **Temporarily Closed**

Walk-Ins Welcome! \$10/class/person, \$3 mat rental or bring your own

75 minute class <https://maps.app.goo.gl/HPQL4WmWHzNqDJ11A>

Yin (Relax) Wednesday @ 5pm or Hatha (Energize) Friday @ 9am

Natural Ayurvedic Facial with Vallari

\$45/60 minutes, By appointment only, Comes to you

Massage with Betty

\$60/60 minutes, By appointment only, Comes to you

****PLEASE INCLUDE A TIP FOR ALL GUIDES & INSTRUCTORS****