This guide has all of the information and locations you'll need to get around...and if you have any other questions or special requests, Krystin is always available to help.

Use WhatsApp while you are here, it works the best in our area and everyone uses it.

Krystin's WhatsApp Number: +50685358374

(Business Open Days/Hours May Differ)

* Krystin Recommends Not All Restaurants Sell Alcohol

\$ Best price for the area \$\$ Good Prices \$\$\$ Expensive for the area

→Click on the Links for GPS Locations ←

RESTAURANTS & BARS

\$ *	SODA ANTOJITOS FLO	COCAL AMARILLO	-Open	for breakfast, lunch and	sometimes dinner	
https://maps.app.goo.gl/XvxWb4GD9VRxfnJ56			<i>\$\$*</i>	SYLVIA'S PLACE	PAVONES	
-Open for lunch and dinner Temporarily Closed			https://maps.app.goo.gl/pwH2cBd8dKfcnkiu9			
			-Food	is cooked over wood grill	1	
\$\$	TITIGUANA'S	PUNTA BANCO	-Open for breakfast, lunch and sometimes dinner			
https://maps.app.goo.gl/LerWFodLHP8cja1w9						
			<i>\$\$</i>	BLACK BUNNY CAFÉ	PUNTA BANCO Temporarily	
<i>\$\$*</i>	TICO MEX	PAVONES	Closed https://maps.app.goo.gl/ezTfWzSS73S4KNHF7			
https://maps.app.goo.gl/BYot9BBnzKAEgHVL8 -Delicious food			-Good spot, good vibes, breakfast, lunch and sometimes dinner			
						-Some days has live music or other events, ask for details
			\$\$ *	EBENEZER'S	PAVONES	
https://maps.app.goo.gl/xCjh8u8ufSjpJQf66			<i>\$\$*</i>	NICK'S PLACE	PAVONES	
-Great food and ice cream & dessert bar			https:/	//maps.app.goo.gl/Z8HX	5Aytc7j3aqyA8	
			-Plays	Live sporting events		
\$\$\$	CAFÉ DE LA SUERTE	PAVONES	-Has li	ve music often, ask for de	etails	
https://maps.app.goo.gl/51k9Qs5RLDwP2se9A			-"Pavones Little Library" in the back of the small store			
-Good food with vegan and organic options						

\$\$	LA CHOZA DE CARMELITA	PAVONES
https	:://maps.app.goo.gl/K7m75G7	FaCT3UxAF6

-Breakfast, lunch and sometimes dinner

\$\$* AMIGOS ESCONDIDOS Temporarily PILON Closed

https://maps.app.goo.gl/haLoDZLEgDdWRwr87

- -Open for Lunch and Dinner
- -Menu says Breakfast is available, but it's not!

\$\$\$* LA CHOZA DE GABI COCAL AMARILLO

https://maps.app.goo.gl/7kzdA4ocW1pEpd3R7

- -Closed Mondays
- -Open for Lunch and Dinner
- \$* GYPSY WAGONS LA HIERBA Closed

https://maps.app.goo.gl/cVDExnCbHV7G5w8U7

- -Every Friday 6-9pm Taco Night! Then the beach bar opens
- -They also have a Yoga deck that hosts many different activities and health classes.
- -Ask for more details if you're interested

\$\$\$* LA PIÑA ITALIAN RESTAURANT PAVONES

https://maps.app.goo.gl/fXagvk2zMhPVm1q2A

- -Best pizza and Italian food in the area
- -Has live music some nights, ask before you go
- -Has seating on the beach
- \$\$ LOS ALMENDROS PUNTA BANCO

https://maps.app.goo.gl/5MR6fs52yv5qA81k9

- -Good food
- -Has great parties sometimes, ask before you go
- \$ LA PLAZA BAR PAVONES

 https://maps.app.goo.gl/TVwjWpzKyqmbRP3QA
- -Great local bar in town center
- -Serves Lunch & Dinner

GROCERY

\$\$ SUMARY COCAL AMARILLO https://maps.app.goo.gl/asV92fFhiENKnXDC7 \$\$ **SUPER LOS DELFINES PAVONES** https://maps.app.goo.gl/snkdnCHuXntDzECr7 \$\$ SUPER RIO CLARO **PAVONES** https://maps.app.goo.gl/QGhw1A487gb7wa6dA ŚŚ MINISUPER WILLIWILLIS **PAVONES** https://maps.app.goo.gl/xL4qXkfBaceD5JUz7 Ś MINISUPER LAS GEMELAS COCAL AMARILLO https://maps.app.goo.gl/GWN5TSywdK7RFs1SA

SHOPPING

\$\$\$* LA SIRENA BOUTIQUE PAVONES

https://maps.app.goo.gl/njLp2fpievnKC4mE9

- -Swimsuits that stay on in the waves and cute jewelry options, great for gifts
- -Open hours vary depending on days and season, just ask before you go
- \$\$* JULIETA'S BEACH CLOTHING PAVONES
- -At Saturday Market or WhatsApp +506-8488-1875

\$ - \$\$\$* SATURDAY MARKET PAVONES

https://maps.app.goo.gl/Yea5fkKHVjDXFTU88

- -Every Saturday 11am-3pm Temporarily Closed for Season
- -Locals bring their hand-made goods to sell, great for gifts, food and socializing

BEACHES

PILON BEACH - "LEFTOVERS"

https://maps.app.goo.gl/JUKQ7yxJ5gxwEqnr5

-Great for swimming, beginner surf, families

PAVONES POINT

https://maps.app.goo.gl/LuBT7qAQHBh7iu1U8

-Experienced - Intermediate Surfing

-Swimming is good in front of the fishing boats

PUNTA BANCO

https://maps.app.goo.gl/uMBQEsRnBskEqyQB7

-Experienced Surfing, has rip currents

-My favorite thing to do with my family...come out before sunset at low tide. Find a good tide pool to hang out in and watch the sunset.

RIO CLARO RIVER MOUTH

https://maps.app.goo.gl/TU9HTsRbLRtoAr1z6

-The river is great to walk up on hot summer days

-Very shallow and fun to explore up river (During summer months)

EMERGENCY

POLICE STATION

PAVONES

https://maps.app.goo.gl/K7m75G7FaCT3UxAF6

-PLEASE Call 911 for emergencies

PHARMACY HODGSON

COCAL AMARILLO

+506-8780-0282

Next to the Sumary Grocery Store

HTTPS://MAPS.APP.GOO.GL/9BFF4GAPEZ5RN9ZW8

CLINIC EBAIS

CONTE

https://maps.app.goo.gl/NMffRQ5zgqYDe6y48

-Bring your Passport

-Basic Medical Help

GOLFITO HOSPTIAL

GOLFITO

https://maps.app.goo.gl/1zAw6iSPGezzx6V57

-Bring your Passport

-Serious Medical Help

TOURS

Contact Krystin If You Are Interested In Booking Tours

\$* **Tours with Enrique** (Can accommodate special requests)

Jungle Trek - \$30/person

Waterfall - \$30/person

Fishing - \$400 - \$500 (depends on inside or outside of the Gulf)

Beach or Jungle Horse Tour – \$55/person

Rio Coto Boat Tour- \$65/person

5* **Tours with Freddy** (Tours in Cuervito)

Cuervito River Horse Tour - \$40/person

Cuervito Jungle Trek - \$30/person

\$\$ **Tours with Amy** (2 person minimum applies)

River Hike - \$40/person

Beach & Waterfall Hike \$35/person

Hill Hike - \$40/person

Foraging Tour - \$40/person

Snorkel Tours \$110 - \$160/person

(There are many variations on tour packages available, up to 8 people)

HEALTH & WELNESS

Marla Massage By Appointment Only

\$75/75 minutes or \$90/90 minutes

Pilates with Oriana

\$15/class or 5 classes for \$50 (Prices for a minimum of 4 people)

Yoga with Ashley

\$60 for 60 minute class (up to 8 people)

Natural Ayurvedic Facial with Vallari

\$45/60 minutes